

MTB Grade 7

Sikh Sacred Music

Recital (*sabad* List A, *sabad* List B) (75 marks)

There are two *sabad* recital lists — List A and List B — each containing three *sabads*, worth 25 marks each. Candidates must select and present only one list for the examination. Submitting *sabads* from both lists will result in the examination being invalidated. The app must be set to the correct *taal*, *sur* and *laya*.

Accompaniment

Live accompaniment is not permitted. Candidates must use a tabla and tanpura app.

Note: many tabla apps combine a tabla and tanpura function into a single app. The app must be set at an appropriate volume so it can be clearly heard by the examiner. Further guidance can be found within the Grade 7 book.

List A

Composer/Artist	Title		Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	A1	ਰੇ ਮਨ ਰਾਮ ਸਿਉ ਕਰਿ ਪ੍ਰੀਤਿ, ਰਾਗ ਸੋਰਠਿ, ਪੰਜਾਬੀ ਧਮਾਰ Rē man Rām siu kari prīti, Raag Sorat, Punjabi Dhamar	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop
South Asian Music Committee	A2	ਗਾਇਓ ਰੀ ਮੈ ਗੁਣ ਨਿਧਿ, ਰਾਗ ਸਾਰਗ, ਤਿਨਤਾਲ Gāiō rī mai guṇ nidhi, Raag Sarag, Teentaal	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop
South Asian Music Committee	A3	ਗਾਈਐ ਗੁਣ ਗੋਪਾਲ ਕ੍ਰਿਪਾ ਨਿਧਿ, ਰਾਗ ਕਾਨੜਾ, ਚਾਰਤਾਲ Gāiai guṇ Gōpāl kripā nidhi, Raag Kanra, Chartaal	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop

List B

Composer/Artist	Title		Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	B1	ਮਨੁ ਰਾਮ ਨਾਮਾ ਬੇਧੀਅਲੇ, ਰਾਗ ਰਾਮਕਲੀ, ਪੰਜਾਬੀ ਧਮਾਰ Manu Rām Nāmā bēdhīālē, Raag Ramkali, Punjabi Dhamar	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop
South Asian Music Committee	B2	ਹਰਿਜਨ ਰਾਮ ਰਾਮ ਰਾਮ ਧਿਆਏ, ਰਾਗ ਸਾਰਗ, ਤਿਨਤਾਲ Harijan Rām Rām Rām dhiāē, Raag Sarag, Teentaal	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop
South Asian Music Committee	B3	ਬਿਸਰਿ ਗਈ ਸਬ ਤਾਤਿ ਪਰਾਈ, ਰਾਗ ਕਾਨੜਾ, ਚਾਰਤਾਲ Bisari gaī sabh tāti parāi, Raag Kanra, Chartaal	MTB Sikh Sacred Music Grade 7 Book	MTB Bookshop

Technical Exercise (25 marks)

Perform the *gat* rendition as shown in the book with a tabla accompaniment.
The app must be set to the correct *taal*, *sur* and *laya*.

Gat, Todi, Ektaal

SaaJ alaap	S	-	-	-	Ṇ	S	<u>r</u>	S	-	-	-	-						
	Ṇ	<u>ḍ</u>	Ṇ	S	-	-	-	-	S	<u>r</u>	<u>g</u>	<u>r</u>	-					
	S	-	-	-	-	S	<u>r</u>	<u>g</u>	<u>r</u>	<u>g</u>	-	-	-	-				
	ṁ	<u>g</u>	<u>r</u>	S	-	-	-	-										
	<u>g</u>	ṁ	<u>ḍ</u>	-	-	-	-	P	-	-	-	-	ṁ	-	-	-	-	
	<u>g</u>	<u>r</u>	<u>g</u>	<u>r</u>	S	-	-	-	-									
	<u>g</u>	ṁ	<u>ḍ</u>	N	<u>ḍ</u>	P	-	-	-	-	ṁ	<u>ḍ</u>	N	-	-	-	-	
	N	-	-	-	N	-	-	-	<u>ḍ</u>	P	-	-	-	-				
	G	<u>r</u>	G	<u>r</u>	S	-	-	-	-	ṁ	<u>ḍ</u>	N	<u>ḍ</u>	N	-	-	-	-
	Ṡ	-	-	-	-	-	-	-	-									
	ṁ	<u>ḍ</u>	P	ṁ	<u>g</u>	-	-	<u>r</u>	-	<u>g</u>	-	-	-					
	<u>r</u>	-	-	S	-	-	<u>ḍ</u>	N	Ṡ	-	-	-	-					

Gat in Ektaal

♩ = 140													
		9 ³	10	11 ⁴	12	→ 1 ^x	2	3 ^o	4	5 ²	6	← 7 ^o	8
Sthayi	A	S <u>r</u>	<u>g</u> <u>r</u>	<u>g</u> [!] m	<u>ḍ</u> [!] m	<u>ḍ</u>	-	[!] m	<u>g</u>	<u>r</u>	<u>g</u>	<u>r</u>	S
	B	<u>ḍ</u>	-	Ṇ	S	<u>r</u>	-	S	-	<u>g</u> [!] m	<u>ḍ</u> [!] m	<u>g</u> <u>r</u>	S-
Antra	A	Ṡ	N	<u>ḍ</u>	N	Ṡ	-	-	-	NṠ	<u>r</u> <u>ḡ</u>	<u>ṛ</u>	Ṡ
	B	<u>ṛ</u>	<u>ḡ</u>	<u>ṛ</u>	Ṡ	N	<u>ḍ</u>	[!] m	-	<u>g</u> [!] m	<u>ḍ</u> [!] m	<u>g</u> <u>r</u>	S

Gat, Todi, Ektaal, continued...

						→						←	
		9 ³	10	11 ⁴	12	1 ^x	2	3 ^o	4	5 ²	6	7 ^o	8
Tana	A	Sr	gr	gm	dm	śN	dN	śr	S-	gm	dm	gr	S-
	B	Sr	gr	gm	dm	Sr	gr	gm	dm	śN	dm	gr	S-
	C	Sr	gr	gm	dm	gm	dm	dN	śr	śN	dm	gr	S-
	D	Sr	gr	gm	dm	Sr	gr	S-	Sr	gm	dm	gr	S-
	E	Sr	gr	gm	dm	d	-	m	g	r	g	Sr	gr
		gr	S-	md	dN	dm	m-	śr	gr	gr	ś-	śN	dm
		nd	mg	dm	gr	Sr	gr	gm	dm	Sr	gr	gm	dm
		Sr	gr	gm	dm	d	-	m	g	r	g	r	S
	F	Sr	gr	gm	dm	gm	dm	gr	S-	Sr	gm	dN	śr
		śN	dm	gr	S-	Sr	gr	gr	S-	md	Nd	Nd	m-
		śr	gr	gr	ś-	śN	dm	Nd	mg	dm	gr	mg	rS
		Sr	gr	gm	dm	śN	dm	Nd	mg	dm	gr	mg	rS
		Sr	gr	gm	dm	śN	dm	Nd	mg	dm	gr	mg	rS
		Sr	gr	gm	dm	d	-	m	g	r	g	r	S
Samapati		Sr	gr	gm	dm	d	-	Sr	gr	gm	dm	d	-
		Sr	gr	gm	dm	d	-	m	g	r	g	r	S

Saaj alap

Tana

A²

B²

C²

D²

E²

F²

Sthayi

A²

B²

A²

Sthayi

A²

B²

A²

Antra

A²

B²

Samapati

Sthayi

A²

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Syllabus Guidance

- The teacher is encouraged to speak to the candidate before the exam to put them at ease or to help them understand what is being requested. For more guidance on conducting/taking the exam, [click here](#).
- Candidates must record all elements consecutively. The recording should not be turned off at any point during the exam until all elements of the assessment have been completed. For more recording advice, [click here](#).
- For Practical Grades, candidates must follow the above syllabus requirements. To learn about Performance Grade requirements, [click here](#).

Recital Guidance:

- Announce your base *sur*, e.g. "I have used G# as my base *sur*". Replace 'G#' with the base *sur* you used.
- The candidate should introduce each piece they are about to perform by stating its title, e.g. *saaj palta A, akaar, taal*, etc.
- The sounds of the *saaj*, vocals and the tabla app must be clearly audible when applicable.
- The teacher may help the candidate tune up before the exam begins. This should be done before starting the recording.
- For tabla you must use a tabla app/recorded accompaniment and not a live tabla player.
- Specify the grade that you are submitting, in this case Grade 7.
- State the List that you have selected, either List A or List B. Remember that you can only submit one List.

Technical Section Guidance:

- The tempo given for the technical section exercise is the minimum speed requirement.
- There are no unprepared elements in an MTB exam. All Technical and Musicianship elements should be practised by the candidate prior to taking the exam.
- If the vocal exercises fall outside of the candidate's vocal range, they may be transposed. However, all exercises within a test must be transposed by the same interval. The entire test must be completed in a single base *sur*.