

MTB Grade 4

Sikh Sacred Music

Recital (*sabad* List A, *sabad* List B) (75 marks)

There are two *sabad* recital lists — List A and List B — each containing three *sabads*, worth 25 marks each. Candidates must select and present only one list for the examination. Submitting *sabads* from both lists will result in the examination being invalidated. The app must be set to the correct *taal*, *sur* and *laya*.

Accompaniment

Live accompaniment is not permitted. Candidates must use a tabla and tanpura app.

Note: many tabla apps combine a tabla and tanpura function into a single app. The app must be set at an appropriate volume so it can be clearly heard by the examiner. Further guidance can be found within the Grade 4 book.

List A

Composer/Artist	Title		Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	A1	ਜਾਗ ਲੇਹੁ ਰੇ ਮਨਾ, ਰਾਗ ਤਿਲੰਗ, ਇਕਤਾਲ Jāg lēhu rē manā, Raag Tilang, Ektaal	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop
South Asian Music Committee	A2	ਹਮਰਾ ਠਾਕੁਰੁ ਸਭ ਤੇ ਊਚਾ, ਰਾਗ ਆਸਾ, ਪੰਜਾਬੀ ਠੇਕਾ Hamarā Ṭhākuru sabh tē ūchā, Raag Asa, Punjabi Theka	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop
South Asian Music Committee	A3	ਆਇਓ ਸੁਨਨ ਪੜਨ ਕਉ ਬਾਣੀ, ਰਾਗ ਸਾਰਗ, ਝਪਤਾਲ Aīō sunan paṛan kau Bāṇī, Raag Sarag, Jhaptal	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop

List B

Composer/Artist	Title		Book/Cat. Ref.	Publisher/ Buy Here
South Asian Music Committee	B1	ਮੀਰਾਂ ਦਾਨਾਂ ਦਿਲ ਸੋਚ, ਰਾਗ ਤਿਲੰਗ, ਇਕਤਾਲ Mīrā dānā dil sōch, Raag Tilang, Ektaal	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop
South Asian Music Committee	B2	ਲੋਗਾ ਭਰਮਿ ਨ ਭੂਲਹੁ ਭਾਈ, ਰਾਗ ਪ੍ਰਭਾਤੀ, ਤਿਨਤਾਲ Lōgā bharami na bhūlahu bhāī, Raag Prabhati, Teental	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop
South Asian Music Committee	B3	ਹਰਿਜਨ ਰਾਖੇ ਗੁਰ ਗੋਵਿੰਦ, ਰਾਗ ਧਨਾਸਰੀ, ਝਪਤਾਲ Harijan rākhē Gur Gōvinḍ, Raag Dhanasari, Jhaptal	MTB Sikh Sacred Music Grade 4 Book	MTB Bookshop

Technical Exercises (25 marks)

Candidates must prepare all the technical exercises (*tal*, *vocal palta* and *saaj palta*) required for this grade, listed below.

Technical Exercises (*tal*)

Technical Exercises (*vocal palta*)

Technical Exercises (*saaj palta*)

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Technical Exercises (taal)

Candidates must perform the prescribed taal with a tabla app whilst maintaining consistent *laya*, at or above the minimum required speed, and using the standard hand movements described in the Pre-Grade Higher book. The following sequence must be performed:

- *Taal A* — 3 *avartan*.
- *Taal B* — 3 *avartan*.
- *Taal C* — 3 *avartan*.

Taal A, Jhaptaal

♩ = 100

1 ^x	2	3 ²	4	5	6 ^o	7	8 ³	9	10
1	2	3	4	5	6	7	8	9	10

Taal B, Jhaptaal

♩ = 100

1 ^x	2	3 ²	4	5					
1	2	3	4	5	6	7	8	9	10
6 ^o	7	8 ³	9	10					
1	2	3	4	5	6	7	8	9	10

Taal C, Punjabi Theka¹

♩ = 100

1 ^x	2	3	4	5 ²	6	7	8
dha –	– dhin	–	dha –	dha –	– dhin	–	dha –
9 ^o	10	11	12	13 ³	14	15	16
dha –	– tin	–	ta –	ta –	– dhin	–	dha –

¹ Also referred to as Ada (Ādā).

Technical Exercises (vocal palta)

Candidates must perform each vocal element at or above the minimum prescribed speed, with a tabla and tanpura app, but without *saaj*. The app must be set to the correct *taal*, *sur* and *laya*. The following sequences must be performed:

- Vocal *Palta A* — 2 times, once as a *sargam*, and once as an *akaar*.
- Vocal *Palta B* — 2 times, once as a *sargam*, and once as an *akaar*.

Vocal Palta A, Jhaptaal

♩ = 120	1 ^x	2	3 ²	4	5	6 ^o	7	8 ³	9	10
	S	R	G	R	S	G	M	G	R	S
	R	G	M	G	R	M	P	M	G	R
	G	M	P	M	G	P	D	P	M	G
	M	P	D	P	M	D	N	D	P	M
	P	D	N	D	P	N	Ṡ	N	D	P
	Ṡ	N	D	N	Ṡ	D	P	D	N	Ṡ
	N	D	P	D	N	P	M	P	D	N
	D	P	M	P	D	M	G	M	P	D
	P	M	G	M	P	G	R	G	M	P
	M	G	R	G	M	R	S	R	G	M

Vocal Palta B, Jhaptaal

♩ = 120	1 ^x	2	3 ²	4	5	6 ^o	7	8 ³	9	10
	S	R	G	^G R	^G R	^G R	S	G	R	S
	R	G	M	^M G	^M G	^M G	R	M	G	R
	G	M	P	^P M	^P M	^P M	G	P	M	G
	M	P	D	^D P	^D P	^D P	M	D	P	M
	P	D	N	^N D	^N D	^N D	P	N	D	P
	D	N	Ṡ	Ṡ ^N	Ṡ ^N	Ṡ ^N	D	Ṡ	N	D
	N	Ṡ	Ṡ ^R	Ṡ ^R	Ṡ ^R	Ṡ ^R	N	Ṡ ^R	Ṡ ^R	N
	Ṡ	Ṡ ^R	Ṡ ^G	Ṡ ^G	Ṡ ^G	Ṡ ^G	Ṡ	Ṡ ^G	Ṡ ^G	Ṡ
	Ṡ ^N	N	D	^D N	^D N	^D N	Ṡ	D	N	Ṡ
	N	D	P	^P D	^P D	^P D	N	P	D	N
	D	P	M	^M P	^M P	^M P	D	M	P	D
	P	M	G	^G M	^G M	^G M	P	G	M	P
	M	G	R	^R G	^R G	^R G	M	R	G	M
	G	R	S	^S R	^S R	^S R	G	S	R	G
	R	S	N	^N S	^N S	^N S	R	N	S	R
	S	N	D	^D N	^D N	^D N	S	D	N	S

Technical Exercises (saaj palta)

Candidates must perform each *saaj palta* at or above the minimum prescribed speed, with a tabla and tanpura app, but without singing. The app must be set to the correct *taal*, *sur* and *laya*. The following sequences must be performed:

- *Saaj Palta A* — 2 times.
- *Saaj Palta B* — 2 times.

Saaj Palta A, Jhaptaal

J = 120	1 ^x	2	3 ²	4	5	6 ^o	7	8 ³	9	10
	S	R	G	R	S	G	M	G	R	S
	R	G	M	G	R	M	P	M	G	R
	G	M	P	M	G	P	D	P	M	G
	M	P	D	P	M	D	N	D	P	M
	P	D	N	D	P	N	Ṡ	N	D	P
	Ṡ	N	D	N	Ṡ	D	P	D	N	Ṡ
	N	D	P	D	N	P	M	P	D	N
	D	P	M	P	D	M	G	M	P	D
	P	M	G	M	P	G	R	G	M	P
	M	G	R	G	M	R	S	R	G	M

Saaj Palta B, Jhaptaal

J = 120	1 ^x	2	3 ²	4	5	6 ^o	7	8 ³	9	10
	S	R	G	^G R	^G R	^G R	S	G	R	S
	R	G	M	^M G	^M G	^M G	R	M	G	R
	G	M	P	^P M	^P M	^P M	G	P	M	G
	M	P	D	^D P	^D P	^D P	M	D	P	M
	P	D	N	^N D	^N D	^N D	P	N	D	P
	D	N	Ṡ	Ṡ ^N	Ṡ ^N	Ṡ ^N	D	Ṡ	N	D
	N	Ṡ	Ṡ ^R	Ṡ ^R ^S	Ṡ ^R ^S	Ṡ ^R ^S	N	Ṡ ^R	Ṡ ^S	N
	Ṡ	Ṡ ^R	Ṡ ^G	Ṡ ^G ^R	Ṡ ^G ^R	Ṡ ^G ^R	Ṡ	Ṡ ^G	Ṡ ^R	Ṡ
	Ṡ ^N	N	D	^D N	^D N	^D N	Ṡ	D	N	Ṡ
	N	D	P	^P D	^P D	^P D	N	P	D	N
	D	P	M	^M P	^M P	^M P	D	M	P	D
	P	M	G	^G M	^G M	^G M	P	G	M	P
	M	G	R	^R G	^R G	^R G	M	R	G	M
	G	R	S	^S R	^S R	^S R	G	S	R	G
	R	S	N	^N S	^N S	^N S	R	N	S	R
	S	N	D	^D N	^D N	^D N	S	D	N	S

MTB Grade 4

Sikh Sacred Music

Syllabus Guidance

- The teacher is encouraged to speak to the candidate before the exam to put them at ease or to help them understand what is being requested. For more guidance on conducting/taking the exam, [click here](#).
- Candidates must record all elements consecutively. The recording should not be turned off at any point during the exam until all elements of the assessment have been completed. For more recording advice, [click here](#).
- For Practical Grades, candidates must follow the above syllabus requirements. To learn about Performance Grade requirements, [click here](#).

Recital Guidance:

- Announce your base *sur*, e.g. "I have used G# as my base *sur*". Replace 'G#' with the base *sur* you used.
- The candidate should introduce each piece they are about to perform by stating its title, e.g. *saaj palta A, akaar, taal*, etc.
- The sounds of the *saaj*, vocals and the tabla app must be clearly audible when applicable.
- The teacher may help the candidate tune up before the exam begins. This should be done before starting the recording.
- For tabla you must use a tabla app/recorded accompaniment and not a live tabla player.
- Specify the grade that you are submitting, in this case Grade 4.
- State the List that you have selected, either List A or List B. Remember that you can only submit one List.

Technical Section Guidance:

- The tempo given for the technical section exercise is the minimum speed requirement.
- There are no unprepared elements in an MTB exam. All Technical and Musicianship elements should be practised by the candidate prior to taking the exam.
- If the vocal exercises fall outside of the candidate's vocal range, they may be transposed. However, all exercises within a test must be transposed by the same interval. The entire test must be completed in a single base *sur*.