

Contemporary Guitar Grade 3 - Technical Exercise 2

As part of your Grade 3 exam on the Contemporary Guitar syllabus, you will be required to play through a number of technical exercises.

In this lesson, and accompanying video, we will be looking at Technical Exercise 2.

This exercise can be played on an electric or an acoustic guitar using your fingers or a plectrum.

The tempo of this exercise is 100bpm, you can also play this with, or without a metronome to guide you.

This exercise is going to take you through all the chords from the key of C Major, starting with the C Major chord, ascending through all 7 chords to the B Diminished before ending back on the C Major.

♩ = 100

	C major		D minor		E minor		F major	
Guitar								
T	0	0	1	1	0	0	1	1
A	1	1	3	3	0	0	2	2
B	0	0	2	2	0	0	3	3
B	2	2	0	0	2	2	3	3
B	3	3			0	0	1	1

	G major		A minor		B diminished		C major	
Gtr.								
Gtr.	3	3	0	0	3	3	0	0
Gtr.	3	3	1	1	4	4	1	1
Gtr.	0	0	2	2	3	3	0	0
Gtr.	0	0	2	2	2	2	2	2
Gtr.	2	2	0	0			3	3
Gtr.	3	3						

Each chord is played and held for 2 beats. Strum on the 1 beat, hold across the 2, strum again on the 3 and hold across the 4 before changing. Each bar will contain just 1 chord at a time. Chords should be played with a single strum from lowest note to highest and you should ensure you focus on each finger being in the correct place so the notes ring clear with no buzzing or muted strings.

About the Author

Leigh is an experienced guitar teacher and professional guitarist, helping students of all learning abilities to progress their guitar playing. He is part of a guitar teaching team at [MusicTeacher.com](https://www.musicteacher.com) who are able offer [guitar lessons](#) to students across the world. To find your perfect guitar teacher to

help with your Music Teachers Board graded exam, search our international music teacher database at MusicTeacher.com.